

U7 Small mini fields with 2 teams per field

(20–25 meters wide X 30–36 meters long)

15 minute practice with 2 – 15 minute halves 5 v 5, Small Goals, Size 3 ball, Coaches are permitted & encouraged to join the players on the field during play, Use Goal Keepers, No penalty area, No throw ins, Kick ins only, no off sides, No slide tackling, Coach them on Passing, Checking, Running with the ball and Getting the ball in the net. If you have a player that is hesitant please encourage the parents to just let them watch a few games, if they are not pressured to play most often they will join in on their own at some point. **EQUAL PLAYTIME FOR ALL. FOULS & MISCONDUCT during a game** – Please let your players know up front what kind of behavior is expected of them during a game whether they are on or off the field. If a player intentionally strikes, deliberately kicks or spits at an opponent this player must be substituted and will not be permitted to participate further during the game. The coach should inform the player as to why and correct these actions. The coaches/referees role is to ensure that the game is played under the “fair play” code. **PLAYERS EQUIPMENT** – Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Shin guards are mandatory and must be worn under the socks. Jewelry is **NOT PERMITTED**, if a player must wear earrings, the earrings **MUST BE TAPED**. **GOALS MUST BE PUT AWAY AT THE END OF YOUR GAMES**